Preview: video B

From Marseilles to the lles du Frioul the journey takes thirty minutes. Passengers bring their provisions bought in Marseilles. There are only a few shops on the island.

Nat: "Have a nice day!"

Passer-by: "Thank you!"

Nat: "So what did you bring for your day on the islands?"

Passenger: "Well we brought crisps, we brought Lebanese bread and because we are truly French we brought an aperitif. And for our aperitif we brought peanuts, American coca cola I'm afraid, and Perrier."

Nat: "So what did you buy today?"

Marin: "Well listen, as usual I have my bread, I have cereal, Marseilles soap, some deodorant, and my fresh produce: oranges, pears, and tomatoes, that's it."

Nat: "How many times a week do you shop in Marseilles?"

Sophie: "Oh once [a week] is enough. Because I do.... do it in bulk. As a result, you try to avoid as much as possible going back and forwards between Marseilles and Frioul. You see."

Nat: "In Marseilles where do you go to do your shopping? To the market, or shopping at the supermarket?"

Sophie: "Both. At a small supermarket because there aren't any large supermarkets close by in the [town] centre. There is a little supermarket and then there is the market. So I buy my vegetables at the market and all other things I buy from the supermarket, you see."

Nat: "Is it possible to find butane gas cartridges here on the island?"

Sophie: "No. There are no gas cartridges simply because on the islands gas is prohibited. So there isn't any, no gas."

Nat: "Is there a fishmonger, would you find fish on the island?"

Sophie: "You would go fishing for it. You can't get it on the island. There are no fishmongers."