Directions: video B

The Rhone-Alpes CRICR (Regional Centre for Road Information and Coordination) gives out road information for the whole region. The region is made up of four departments. The main cities are Annecy, Chambéry, Valence, Grenoble and of course Lyons.

Gérard Devinaz of the CRICR in Lyons explains a French map to us.

Gérard: "A is for motorway, N is for main road, RD is for secondary road."

Nat: "Is it hard to park in the centre of Lyons?"

Gérard: "When I go to the centre of Lyons, I, personally, take public transport. There are the trams, the underground and so I don't have any parking problems. Car parks have been built, where you can find a space... it's... you just have to pay."

Policewoman: "Yes, hello sir, yes, we do currently have a traffic jam on the A7 motorway, the rest of the traffic is moving. No particular problems. You are welcome, have a good day, goodbye."

Watch out for the signs if you are looking for a motorway rest area or the ring road in order to avoid the centre of town.

Here are some other signs: motorway exit - town centre - one way or turn right.